

JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

2010

January

2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 New Year's Day 1/364 Week 1	2 2/363
3 3/362 Week 2	4 4/361	5 5/360	6 FRANK 11:30 DR MORRISON ON REPLACING LOST TOOTH. 6/359	7 7/358	8 8/357	9 9/356
10 10/355 Week 3	11 11/354	12 12/353	13 7:30 a.m. BENNINGTON CLINIC CANCELLED BY THEM. SEE FEB. 4. FOR MAKEUP. 13/352	14 KELLY LESTER 11 a.m. 14/351	15 15/350	16 16/349
17 17/348 Week 4	18 Martin Luther, King Jr. Day 18/347	19 19/346	20 App't @ Glbl Ctr 11:15 a.m. Biz shot, vitamin, on 1/20/10 20/345	21 21/344	22 22/343	23 23/342
24 24/341 Week 5	25 25/340	26 26/339	27 27/338	28 28/337	29 29/336	30 30/335
31 31/334 Week 6						

JANUARY



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S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

2010

February

2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Dr. MORRISON 11 a.m. Frank. "CROWN" TOOTH INSTALLATION	2	3	4 FRANK, W/LEO BENNINGTON CLINIC 12 P.M.	5	6
7	8	9	10	11	12 Lincoln's Birthday (US) Have cancelled "carp. ant" trmt from today to next week, to be on Thurs. Feb 18, w/ perform betwn 10:00 a.m. & Noon. Confirm 153/3272	13
14 Valentine's Day	15 Presidents' Day (US)	16	17 Ash Wednesday	18 Expect "carp ant" trmt this day from 10 a.m. to noon. Tel. note was 153/3272 for confirm This appt mt has been changed to Feb. 25, below.	19 This mtd replaced the one for day 18 3 o'clock mtg on day 18 @ The Memory Clinics. to be for FIS, Anna, Leo S. & (probably) & The Clinic in Bennington, VT.	20
21	22 Washington's Birthday (US) App'tmt for Vitamin B12 shot ca 9:30 a.m., Islvl Ctr (Nurse)	23	24 Meeting today w/ Fred Santiago circa 10:30 a.m. in MetLife Financial Offices in Latham.	25 Orkin man for "carpant" treatmt, about 2 p.m.	26	27
28						

FEBRUARY

JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

2010

April

2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 April Fool's Day 91/274 Week 14	2 Good Friday 92/273	3 93/272
4 Easter 94/271 Week 15	5 Easter Monday (C, UK) 95/270	6 K of C @ OLG 96/269 (?) 7:00 P.M.	7 GE Spring Party 97/268 @ Proctor's/Schuy @ 7:00 PM Doors Open 6:30 P.M. Check car parking on Invitation item	8 App'tmt @ J-H tax 98/267 office, Rte 155 & Central Ave, to meet w/ Christina Velinov, 3:00 p.m. To Check status of Y2009 Tax Return.	9 99/266	10 100/265
11 101/264 Week 16	12 102/263	13 IPSEO Spring lunch 103/262 noon @ Dragon Garden in Scotia. Call Al White if plan to go, via Computer: Awhite5@aol.com	14 104/261	15 105/260	16 106/259	17 107/258
18 108/257 Week 17	19 109/256	20 110/255	21 Administrative Professionals 111/254 Day (US)	22 112/253	23 4-23-2010 113/252 App'tmt for Vitamin B12 shot @ 9:30am (Nurse) Glenville H ⁶	24 114/251
25 115/250 Week 18	26 NO FOOD OR WATER 116/249 AFTER MIDNIGHT	27 117/248 10:15 AM BH ENDOSCOPY CENTE PROCEDURE 11 AM	28 118/247	29 119/246	30 120/245	

APRIL

JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

2010

May

2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1Labor Day (M) 121/244 Week 18
2 122/243 Week 19	3 123/242	4 124/241	5 125/240	6 126/239	7 127/238	8 128/237
9Mother's Day (C, US) 129/236 Week 20	10 130/235	11 131/234	12 132/233	13 133/232	14 134/231	15Armed Forces Day (US) 135/230
16 136/229 Week 21	17 137/228	18 138/227	19Conference w/ DR. GUSTEN, on gastroenterology, esophagus, stomach, etc. 10 AM (Anna present too) 139/226	20 140/225	21Appoint - mt for infection of Vietnam B12 9:45 a.m @ 5 hr HCO. 3:00 PM SETUP/SAT. PANCAKE BFST. 141/224	22 142/223
23 143/222 Week 22	24Victoria Day (C) 144/221	25 145/220	26 146/219	27 147/218	28 148/217	29 149/216
30 150/215 Week 23	31Memorial Day, Observed (US) 151/214					

MAY

JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

2010

June

2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1152/213 Week 23	2153/212	3154/211	4155/210	5156/209
6157/208 Week 24	7158/207	8159/206	9160/205	10161/204 Apptmt @ Glovers office, 9:00 a.m. for semi-annual prophylaxis, X-rays, & examination.	11162/203	12163/202
13164/201 Week 25	14165/200 Flag Day (US) Kristan Mon. June 14, 2010 The Memory Clinic 10:00 am	15166/199	16167/198 Schdy Sr. Elfuns Lunch 12:00 pm Cash bar 11:30 am Lt. Col. George Alston \$ 16.50 for one.	17168/197	18169/196 Ghl H Ctr Biz Vitamin shot. 10:45 am. - Nurse.	19170/195
20171/194 Week 26 Father's Day	21172/193 Summer begins	22173/192	23174/191 9 30 AM Memory Clinic Burr VT	24175/190	25176/189	26177/188
27178/187 Week 27	28179/186	29180/185	30181/184			

JUNE

JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

2010

July

2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1Canada Day182/183 Week 27	2183/182	3184/181
4Independence Day (US)185/180 Week 28	5186/179	6187/178	7188/177	8189/176	9190/175	10191/174
11192/173 Week 29	12193/172	13194/171	14195/170	15196/169	16197/168 Gerl H Ct. Apptmt for shot of Vitamin B12 @ this date 7/16/2010 @ 10:00 a.m.	17198/167
18199/166 Week 30	19200/165	20201/164	21202/163 BLOOD WORK NON FASTING FOR DR GUSTEN	22203/162	23204/161	24205/160
25206/159 Week 31	26207/158	27208/157	28209/156 DR GUSTEN 9:15 AM This is changed from this date and time to	29210/155	30211/154	31212/153

JULY

JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

2010

August

2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 213/152 Week 32	2 Civic Holiday (C) 214/151	3 215/150	4 216/149	5 217/148	6 218/147	7 219/146
8 220/145 Week 33	9 221/144	10 222/143	11 First of Ramadan 223/142	12 224/141	13 225/140	14 226/139
15 227/138 Week 34	16 228/137	17 Joe Mirabile for A's Computer problems. 10:30am. 229/136	18 230/135	19 231/134	20 Glv Ctr Hlth Ctr 9:00 am for injection of Vitamin B12 (IV) 232/133	21 233/132
22 234/131 Week 35 Anna comes home from Anne/Edu's house in R.I.; The Lessas returned from their 10-day Cruise of the Caribbean, & this freed Anna to return to 23 Ashley Dr.	23 235/130	24 236/129	25 237/128	26 238/127	27 Joe Mirabile will come ca 10:30 to repair Anna's Computer. Joe may also help me to install my new HP printer, style J3680, All-in-One (fax) machine. Hope it works OK. 239/126	28 240/125
29 241/124 Week 36	30 242/123	31 App'tmt @ Bennington VT, & Memory Clinic, time 243/122				

AUGUST

JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

2010

September

2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 Non-fasting, 9:30 AM BLOOD WORK + EKG GHC INSTEAD OF 9-7 Tuesday APPT	3	4
5	6 Labor Day (C, US)	7 For Dr. Limeri: Blood Work for (semi-annual?) exam non-fasting, 11:15am nurse. <i>gone this cancelled; now will be done on 9:30am Tom's which is Thurs Sept 2, & which see.</i>	8	9 Rosh Hashanah	10	11 GE Quarter Century Club Outing @ Altamont Fairgrounds (Bus 10:00am - 4:00pm) from/to Bldg 37, 9:00am, 9:30am, & 10:00am. Return 2:00pm, 3:00pm, & 4:00pm. Bring food item
12	13 9:35 a.m. @ GlnH Ctr for B12 Vitamin shot. Tel. info & reminder.	14 w/ Dr. Limeri 9:00am follow up on tests (or blood)? from Sept 7 (changed to Sept 2)	15 Declaration of Independence (M) Registration deadline for Hazardous Waste is today	16 Independence Day (M) App'tment w/ Dr. Rahman, for exam/checkup on Fri, Sept. 24. See note. NEW - from MetLife. (ES) Ernie Selke - replace Fred Santiago and Raj Kumar. 10:30am.	17	18 Yom Kippur
19	20 GlnH Ctr - Next Vitamin B12 shot. 9:45a.m. <i>Done</i>	21	22	23 Autumn begins	24 FRI, 9/24/10 10:45a.m. Annual checkup by Dr. Shaker Rahman (Stet) @ Schdy Dr. Biser's my annual exam. by Dr. Rahman OK	25 Hazardous waste drop-off this date (8:00am to 4:00pm). Dropoff items include floor lights, propane tanks, oil-based paint and electronics. (Ray Road dog park near C.P. landfill) Latex Paint will not be accepted (let paint dry in can, then dispose of it. Registration deadline: Sept. 15. Can be registered online: www.cdfparks.org.
26	27	28 App't w/ Dr. Sehgal MD Tues. 9a.m. Follow-up exam of March 25. Albany Eye Associates #: 434 1042 See if can get Bausch & Lomb for eye use as help in one's vision.	29	30		

SEPTEMBER

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S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
31 1 2 3 4 5 6	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

2010

October

2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 274/91 Week 40	2 275/90
3 276/89 Week 41	4 277/88	5 278/87	6 279/86 <i>App't w/ Dr. Gusten 10:30 a.m. @ his office/lab/whatever. It's follow up from prev. mtg w/ Dr. Gusten</i>	7 280/85	8 281/84	9 282/83
10 283/82 Week 42	11 284/81 Columbus Day, Observed (US) Thanksgiving (C)	12 285/80	13 286/79	14 287/78	15 288/77	16 289/76 National Boss Day (US)
17 290/75 Week 43	18 291/74	19 292/73	20 293/72	21 294/71	22 295/70	23 296/69
24 297/68 Week 44 United Nations Day (US)	25 298/67	26 299/66 <i>Glenville H Ctr. Appointment (10/26/10). i.e. (October 26, 2010) 9:30 a.m. Tel: Vitamin B12, injection</i>	27 300/65	28 301/64	29 302/63	30 303/62
31 304/61 Week 45 Halloween						

OCTOBER

JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

2010

November

2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 305/60 Week 45	2 306/59 Election Day (US) <i>Roland Down will send a test man to Ashley to this day for inspection of heating system, between 10:00am and noon, 12:00pm I need to do some Q for the RD man, to help this app'm't save me some expense.</i>	3 307/58	4 308/57	5 309/56	6 310/55
7 311/54 Week 46 Daylight Saving Time ends	8 312/53	9 313/52	10 314/51 <i>Dave Wynan will pick up snow- thrower, late near 5:00 to 6:00 pm, for service</i>	11 315/50 Veterans' Day (US) Remembrance Day (C)	12 316/49	13 317/48
14 318/47 Week 47	15 319/46	16 320/45	17 321/44	18 322/43	19 323/42	20 324/41
21 325/40 Week 48	22 326/39	23 327/38	24 328/37	25 329/36 Thanksgiving (US)	26 330/35 <i>Friday. This day = scheduled for Glenville Hlts, (Incluneri), for monthly injection of Vitamin B12 by Glenville nurse Time to report in is 10:00am</i>	27 331/34
28 332/33 Week 49	29 333/32	30 334/31				

NOVEMBER

JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	30 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

2010

December

2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
				Hanukkah		
5	6	7	8	9	10	11
		Pearl Harbor Remembrance Day (US)				
12	13	14	15	16	17	18
			Dr GUSTEN 3:15 PM			
19	20	21	22	23	24	25
		Winter begins			Christmas Eve	Christmas Day
26	27	28	29	30	31	
Kwanzaa begins Boxing Day (C, UK)		Glenville HCC 9:30am - INJECTION for Vitamin B12.			New Year's Eve	

DECEMBER